Sustainable Jersey for Schools Certification Report

This is the Sustainable Jersey for Schools Certification Report of Reading-Fleming Intermediate School (Hunterdon), a Sustainable Jersey for Schools bronze certified applicant.

Reading-Fleming Intermediate School (Hunterdon) was certified on August 15, 2024 with 195 points. Listed below is information regarding Reading-Fleming Intermediate School (Hunterdon)'s Sustainable Jersey for Schools efforts and materials associated with the applicant's certified actions.

Contact Information

The designated Sustainable Jersey for Schools contact for Reading-Fleming Intermediate School (Hunterdon) is:

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Actions Implemented

Each approved action and supporting documentation for which Reading-Fleming Intermediate School (Hunterdon) was approved for in 2024 appears below. Note: Standards for the actions below may have changed and the documentation listed may no longer satisfy requirements for that action. Additionally, points associated with actions prior to 2013 certifications may not be accurate.

Board Leadership & Planning

School District Foundation

10 Points

School District

Program Summary: In May 2022, the Flemington Raritan Education Foundation award and the

BOE later accepted the donation of a weather station to one of the committees of the student council. Three students had researched the idea of a weather station and the value it would bring to the school. In September the weather station was installed on an 8 foot high pole outside the school along with a plaque thanking the FREF. Now there is a morning announcements each day from the "RFIS Weather Station" which includes the weather (temperature, humidity, wind and precipitation). The students are informed of whether recess is inside or outside immediately following the weather report which makes a nice connection. (Please note that FREF mini grant requests occur at the end of the school year in April)

PDF: **LETTER TO DR. DEMARCO.PDF**

Digital Learning Leadership

District Commitment to Digital Learning

15 Points

Bronze Priority Silver Priority District

Program Summary: The Flemington-Raritan Regional School District is committed to developing our students' educational technology and information literacy skills, striving for authentic integration and use of the 2020 New Jersey Student Learning Standards – Computer Science and Design Thinking, and the ISTE Standards for Students. Through integration of technology across the curriculum, FRSD is committed to helping students be prepared for an increasingly technology-oriented workforce. To facilitate success, our District provides educators with ongoing professional development opportunities and open access to Technology Integration Specialists to foster technology skills for assisting students to achieve such commitments. Furthermore, the Flemington-Raritan Regional School District has committed many resources to provide students, teachers, and administrators with access to educational technology tools, as well as supporting necessary infrastructure, in all learning environments. Obsolete items are first sold for parts and remaining items not purchased from third party resellers are recycled with an environmentally friendly green recycler. Digital Vision Statement is included in the Digital Learning Plan - page 8 Board of Education Policies in the Digital Learning Plan - pages 13-14

PDF: **FRSD DIGITAL LEARNING PLAN**

Equitable Access to Digital Learning

15 Points

Bronze Priority Silver Priority District

Program Summary: The need for mobile hotspots was not recognized until the onset of remote learning with the Covid-19 pandemic. All District families were initially surveyed to determine who needed support in obtaining home Internet access. Families were first encouraged to apply for the Internet Essentials program sponsored by Comcast. The program allows for socioeconomically disadvantaged families to receive reliable high-speed Internet access for $10 per month. Families who were unable to afford this plan or did not meet the requirements for this program were then issued a mobile jetpack hotspot from Verizon and paid for by the District. All learners were able to access this support. Special attention was given to families who had students with disabilities, English Language Learners and/or were identified as socio-economically challenged. Families were

issued a hotspot by completing a survey form, which was distributed in English, Spanish, and Arabic. After six months families were issued a followup survey form asking if they still needed the hotspot. The initial survey showed that 98.6% of households were covered by up to 25 mbps service. Approximately 10% of families reported unreliable Internet access. 8.12% able to secure reliable Internet through Comcast’s Internet Essentials program. 1.7% provided a Verizon jetpack (funded by the District).

PDF: EQUITABLE ACCESS TO DIGITAL LEARNING REPORT

PDF: JETPACK USAGE SURVEY 2022-23

PDF: JETPACK USAGE SNAPSHOT

PDF: NJ STEM PATHWAYS - LEADERSHIP IN CRISIS STEMINAR BRIEFING (LOSANNO)

PDF: NJSPN VERIZON ACCESS_CONNECTIVITY MEMO APRIL 2020

Community Engagement *Retires 8/31/2026*

10 Points

School District

Program Summary: The Flemington-Raritan Regional School District's initiative to engage community stakeholders in its digital learning vision has significantly transformed its educational landscape, creating a dynamic and inclusive environment. The district developed a comprehensive communication plan to effectively share its digital learning strategies, ensuring that all community members are well-informed and actively involved. This plan utilizes a variety of digital tools, including web pages, emails, social media, and video streaming platforms, which are essential in reaching a broad audience. The impact of these efforts is profound, establishing a strong connection between parents, guardians, and the school district's mission and digital learning approaches. This connection is crucial for building robust school-home relationships and garnering community support for the school district's initiatives. By involving stakeholders in decision-making, the Flemington-Raritan Regional School District has not only enhanced its educational processes but also created new opportunities for student engagement and achievement. Furthermore, the district's commitment to ongoing two-way communication is tailored to accommodate all community members, including those without regular internet access or who speak languages other than English at home. This inclusive approach has not only improved educational outcomes for students but also laid a solid foundation for ongoing improvement and adaptation to changing digital demands. The district's strategy in stakeholder engagement exemplifies a proactive and inclusive approach to integrating technology in education, positioning students for future success while ensuring community involvement in the educational process.

PDF: 2415.04 PARENTAL INVOLVEMENT.PDF

PDF: TEN SAMPLES OF COMMUNITY ENGAGEMENT

PDF: FRSD DISTRICT COMMUNICATIONS PLAN

District Professional Development Plan *Retires 10/31/23*

10 Points

District

Program Summary: Each building's School Improvement Panel is responsible for collecting and reviewing student achievement data, teacher evaluation data, etc. to identify professional development goals that are also aligned to federal/state mandates, district and school initiatives,

and individual teacher's professional growth needs. Once these goals are identified, they work collaboratively with administration to maximize available professional development time and financial resources and to provide oversight to the Teacher Evaluation and Mentor teacher programs. All teachers are responsible for the following professional development/teacher evaluation tasks: Developing and implementing a Professional Development Plan (PDP) Fulfilling the 20 hour per year Professional Development requirement Completing all training programs mandated by the NJDOE Developing and implementing 1-2 Student Growth Objectives (SGO's) Active participation in district professional development programs throughout the school year The district is committed to supporting teachers to ensure continuous professional growth that benefits both the teacher and the teacher's students.

PDF: DISTRICT PROFESSIONAL DEVELOPMENT PLAN FRSD

PDF: DISTRICT PD PLAN 9-1-2022

PDF: PROFESSIONAL DEVELOPMENT SURVEY EXAMPLE

PDF: 2023 SUMMER WORKSHOPS

Digital Learning Practices

Authentic Application of Digital Learning Tools and Content

10 Points

School

Program Summary: Reading Fleming Intermediate School has significantly improved educational outcomes by authentically applying learning and integrating digital tools. This approach has created a more engaging and effective learning environment for both students and teachers. For instance, in a Grade 5 Social Studies lesson on Indigenous North American culture, students use Canva to create informational flyers to promote understanding. This project allows them to apply social studies concepts such as honoring various cultures. By working on a tangible product, students enhance their digital literacy, creativity, and ability to communicate complex ideas effectively. The school regularly conducts training sessions on digital platforms like Google Workspace, Scratch, Desmos, and Adobe Express, ensuring teachers are proficient in using these tools to facilitate authentic learning experiences. Additionally, targeted summer professional development programs allow teachers to explore new technologies and pedagogical strategies in depth, further enhancing their instructional practices. Reading Fleming Intermediate School excels in the authentic application of learning through several key initiatives, including integrating technology and hands-on projects to increase student engagement and forming lasting partnerships with local organizations to expand educational opportunities.

PDF: FRSD APPROVED APPS AND WEBSITES

PDF: FRSD NEW HIRE TECHNOLOGY ONBOARDING (REFERENCE TO QUESTION 2 SUBMISSION FORM)

PDF: FRSD DISTRICT RESOURCES FOR STUDENTS VIA CLEVER

PDF: FRSD AUTHENTIC APPLICATIONS SUBMISSION FORM

PDF: THREE EXAMPLES OF HOW TEACHERS APPLIED THEIR PROFESSIONAL LEARNING IN DIGITAL TOOLS, CONTENT AND PRACTICE

Digital Citizenship

10 Points

Bronze Priority Silver Priority District

Program Summary: Vision: Common Sense Media states: “All students need digital citizenship skills to participate fully in their communities and make smart choices online and in life.” and the Flemington-Raritan Regional School District fully agrees and is committed to providing students with high-quality and ongoing Digital Citizenship learning. Goals: Digital Citizenship is embedded in students' daily interaction with District technology in many ways. The wallpaper of student Chromebooks is a reminder image (changed a few times a year) of staying safe online. Students in grade 2 and grade 5 must independently complete a Digital Passport prior to receiving their Chromebook. The Digital Passport use materials from Common Sense Media and focuses on: Media Balance & Well-Being; Privacy & Security; Digital Footprint & Identity; Relationships & Communication; Cyberbullying, Digital Drama & Hate Speech; and News & Media Literacy. Technology Integration Specialists meet with all students and co-teach with all staff in Kindergarten through eighth grade throughout the school year. These lessons focus on reviewing appropriate and safe digital citizenship practices and provide hands-on lessons surrounding cyber security and digital citizenship. Students in fifth grade attend an assembly presented by a detective from the Hunterdon County Prosecutor's Office entitled "Surviving the Web." Students and their guardians sign the District’s Acceptable Use Policy each August/September and homeroom teachers review what that means and the students’ responsibilities each September during the first days of school. Staff complete virtual training through the District's subscription with SafeSchools covering topics listed below on a rotating basis over the course of a five year plan. Additionally, students and families are encouraged to visit the FRSD Technology Website. This site, specifically developed for students and their families, provides information on the District’s one-to-one initiative, ways to stay safe online, the District’s mandatory acknowledgement technology forms (yearly completion - see below), and the District’s device protection plan.

PDF: FRSD DIGITAL CITIZENSHIP PLAN

PDF: SURVIVING THE WEB ASSEMBLY

Digital Innovative Classroom #1

15 Points

School

Program Summary: The digitally innovative classrooms at Reading-Fleming Intermediate School have significantly enhanced student learning, communication, and support through various technological tools and platforms. These classrooms employ Microsoft Flip, Padlet, Google Classroom, Canva, and Google Slides to create a dynamic, interactive educational environment. Students engage in hands-on STEM activities, such as constructing circuits with Makey Makey kits and building VEX robots to navigate grid-based courses. These projects demonstrate thorough planning, effective instructional strategies, and robust assessment techniques. For instance, the Makey Makey project allows students to learn electrical engineering principles by completing circuits with everyday materials, while the VEX robotics activities involve programming and troubleshooting, enhancing their understanding of coding and problem-solving. Students also participate in creative projects like designing art robots with everyday materials to draw colorful patterns, combining art and technology to foster innovation. The structured yet open-ended nature of these assignments encourages critical thinking and experimentation, preparing students for real-world applications. Digital platforms such as Microsoft Flip and Padlet are used for collaborative learning. In the Writing and Reading Workshop on Microsoft Flip, students discuss topics like persuasive and informational writing, while Padlet boards facilitate discussions on sustainability, enabling students to share information, ask questions, and engage in interactive polls and quizzes. These tools support a collaborative and reflective learning environment. Google Classroom assignments, such as "Preparing For Your Last Book Club," provide a centralized

platform for task management, resource sharing, and real-time interaction between students and teachers. Similarly, Canva is used for creating research presentations, with features that allow for collaborative feedback and creative expression. Google Slides is another essential tool, used for assignments like "One Text, Multiple Ideas," guiding students through identifying and summarizing main ideas in texts. The ability for teachers to leave comments directly on the slides ensures continuous support and feedback. These digitally innovative classrooms promote collaboration, creativity, and critical thinking. Teachers provide personalized feedback and support, enhancing student engagement and learning outcomes. The integration of technology prepares students for future challenges by developing their digital literacy and problem-solving skills. Overall, these classrooms exemplify a forward-thinking approach to education, benefiting both students and the broader school community. The teacher-to-parent communication screenshot illustrates Ms. Stevie Ader's digital communication with parents regarding homework assignments for Grade 5 students at Reading Fleming Intermediate School. The communication features timestamps, reactions from parents (thumbs up emojis), and a clear breakdown of tasks to be completed by students, demonstrating Ms. Ader’s organized and proactive approach to keeping parents informed about their children's academic responsibilities.

PDF: **DIGITAL INNOVATIVE CLASSROOM (ENVIRONMENT AND PROCEDURES) RFIS**

PDF: **DIGITAL INNOVATIVE CLASSROOM (PLANNING, INSTRUCTION, AND ASSESSMENT) WITH PHOTOS**

PDF: **DIGITAL INNOVATIVE CLASSROOM (STUDENT COMMUNICATION AND SUPPORT) WITH PHOTOS**

IMAGE: **SCREENSHOT TEACHER TO PARENT**

Professional Growth and Collaboration

15 Points

School

Program Summary: At Reading-Fleming Intermediate School, a comprehensive initiative has significantly enhanced technological proficiency and innovation among faculty and the broader school community, resulting in notable educational and communicative advancements. This initiative includes diverse Professional Development Plans focusing on areas such as mastering Google Workspace, Canva, and effective use of digital tools to enhance student learning. Faculty members engaged in various training sessions to educate staff on the use of Google Workspace. Teachers applied these skills in the classroom by creating interactive student projects, such as the "Book Club Project" and the "Friday Letter," using Google Slides. These projects involved students actively, with examples including the creation of a "Cookbook of Our Cultures" and weekly newsletters that communicate learning updates to parents. This structured and visually appealing content ensures that parents are well-informed and engaged in their children's education. The initiative also integrated district technology strategies by offering opportunities for teachers to learn and apply Canva. Teachers used Canva to guide students in creating visually engaging projects, such as informational posters and brochures, which help students develop creativity and design skills while understanding economic principles, sustainability, and cultural diversity. Administratively, leaders at Reading-Fleming produced instructional materials to promote effective and responsible technology use within the school. This included clear communication and guidelines for both students and parents, ensuring everyone is well-versed in the school's technology policies. Additionally, faculty participation in workshops and seminars on various digital tools enhanced their expertise, directly benefiting classroom practices. Teachers utilized advanced tools like Canva, Google Workspace, and other digital platforms to create engaging and interactive learning experiences in subjects such as Social Studies and English Language Arts. Through these efforts, Reading-Fleming Intermediate School has demonstrated a strong commitment to academic excellence and technological innovation, resulting in a more dynamic and connected learning environment for students.

PDF: **7 SAMPLES OF TEACHER GOALS FROM INDIVIDUAL PROFESSIONAL DEVELOPMENT PLANS**

PDF: **EVIDENCE OF VIRTUAL COLLABORATIONS**

PDF: 5 SAMPLES OF ATTENDANCE DOCUMENTATION OR CERTIFICATES OF COMPLETION FROM DIGITAL TECHNOLOGY PROFESSIONAL LEARNING OPPORTUNITIES

PDF: THREE EXAMPLES OF HOW TEACHERS APPLIED THEIR PROFESSIONAL LEARNING IN DIGITAL TOOLS, CONTENT AND PRACTICE

Digital Technology Access

Data Safety and Security Policy *Retires 8/31/2028*

10 Points

District

Program Summary: The District takes data safety and security very seriously. The Board of Education has seven policies that govern this for all students and staff. Each year students and staff are required to acknowledge these policies before they may receive or continue to have access to District-issued devices and networks. Additionally, the District conducts a yearly security audit internally and with the District's insurance broker. Students must complete a Digital Passport in grades 2 and 5 to ensure their understanding and compliance with these policies and digital safety. Staff are required to change their password each year and any staff who have access to any confidential or sensitive information are required to employ 2-factor authentication.

PDF: ANNUAL DISTRICT SAIF CYBER AUDIT

PDF: DIGITAL SAFETY - PASSWORD CHANGE

PDF: FRSD PHISHING CAMPAIGN SOP

PDF: PUBLIC FACING BOARD OF EDUCATION APPROVED DOCUMENTS.

Digital Device Life Cycle Management

10 Points

District

Program Summary: The District replaces items on scheduled cycle to ensure that the device and equipment deployed to users is reliable, robust, and consistent. Each item is replaced using industry recommended best practices. When a device or equipment has reached its age of obsolescence, the device or equipment is retired and removed from circulation. Obsolete items are first sold for parts and remaining items not purchased from third party resellers are recycled with an environmentally friendly green recycler. The funds generated from the sale of obsolete equipment is used to purchase spare parts for student (iPad and Chromebook) and staff (laptop and desktop) repairs. This is an additional cost savings for the District and ensures that tax dollars are used with maximum efficiency. The annual replacement of staff devices is budgeted based on the formula: number of devices divided by number of years to remain deployed. The same formula is applied for each of the items listed in the chart above. The consistent application of the formula allows for device fleets and equipment to be replaced in a scheduled and timely manner and allows for predictable budgeting.

PDF: DIGITAL DEVICE LIFECYCLE

Learning Environment

Outdoor Classroom

10 Points

School

Program Summary: Adjacent to the new pollinator garden is a new outdoor classroom area. The area includes 7 benches made from recycled plastic caps and lids which were molded into benches. Thanks to funding from NJEA Hipp grant, the foundation for Literacy and Learning, and a school coin collection, more than 700 pounds of caps and lids were molded into the benches. The area also includes a display board, which was funded by a PSEG Sustainable Jersey grant and a table made of pressure treated wood and donated by a local family. There are many supplies available to teachers when they take students to the outdoor classroom from the Sustainable Jersey grant including waterproof clip boards, small pencil, reference books, and some sit-upons. Through a District grant, the outdoor classroom also received magnifying tools, insect examination gadgets, picture books and reference books. The ribbon cutting for the pollinator garden and outdoor classroom is scheduled for April 9, 2024. Teacher professional development will occur before the end of the year. Now that the weather is warm and not raining, teachers have started to use the outdoor classroom and visit the garden. A calendar scheduling tool has been developed but not rolled out to the staff yet. One 6th grade teacher took all 3 classes for 2 days in a row in late May to the classroom for reading and reflection. Two 5th grade co-teachers took their class to the outdoor classroom in early May One special education science class has conducted class in the garden and outdoor classroom area at least a dozen times throughout the year even before the benches were delivered. Here is the link to the Garden's website https://sites.google.com/frsd.us/rfis-pollinator-garden/our-journey Here is the link to before and after photos of the garden https://docs.google.com/presentation/d/1sXoq-onAyBZQQyHT2AJcoqL8vUmLdaKU4aqaOusln68/edit?usp=sharing Linked here are Nature Notes entries prepared by Lisa Coster's resource room science class (7 sixth grade students) as part of the GLOBE Mission EARTH program Spring 2024. The students collected their thoughts and then their entries were shared with another class in Texas. https://www.globe.gov/web/mission-earth/overview/student-research/-/meprojectdetail/18720200/engage-nature-notes-reading-fleming-intermediate-school Attached are 2 typed entries by students. There notes were taken outside in the pollinator garden and then they came inside and typed up their responses. Attached is the professional development training on Nature Notes from the NASA GLOBE summer training

PDF: POLLINATORGARDENMEDIAKIT-APRIL2024 (1).PDF

PDF: 356DP-REV4 - RFIS ADDITIONAL OUTDOOR CLASSROOM SIGNS REV4.PDF

PDF: POLLINATOR GARDEN (1).PDF

PDF: ENGAGE - GLOBE AND NATURE NOTES GUIDE.DOCX.PDF

PDF: EXAMPLE OF NATURE NOTES LESSON.PDF

Student & Community Outreach

Green Team

10 Points

Bronze Required School District

Program Summary: The RFIS Green Team made up of teachers, administration and a parent was formed in 2023. The group has primarily communicated through email but has also toured the pollinator garden and outdoor classroom and were present at the ribbon cutting ceremony of the Pollinator Garden. The student council acts as the student arm of the Green Team. The student council coordinates dozens of outreach efforts to the student body and community on sustainability issues and action items such as using refillable water bottles, educating the school on proper recycling procedures, promoting anti idling effort, and conducting garbage clean up activities. The RFIS green team was assembled again this year and consists of members of the staff, administration and one community parent. Attached is an email chain updating members of happenings. On February 2024 members of the Green team were invited to tour the pollinator garden and enjoy its progress.

PDF: SJ RFIS GREEN TEAM UPDATED SEPT 2023.PDF

PDF: SCAN03242024.PDF

WORD: GREEN TEAM ANNUAL REPORT.DOCX

Community Education & Outreach

10 Points

Bronze Priority Silver Priority School

Program Summary: The students of RFIS participated in many sustainability and student advocacy focused activities so far this school year. The student council led the charge of these programs and used the morning announcements and the school's hallway TV to promote or share the results of the projects with the students. The student council also works closely with the PTO keeping them abreast of projects and asking the PTO to share their projects with the parents of the community. February 2023-The student council removed several yards of invasive species plants from the watershed located behind the school with Raritan Headwaters (Hunterdon Democrat newspaper article). Year long 2022-23- Plastics and recycling have been key focus areas of the student council. They took the information they learned to develop a plastics pollution themed display in the school's front showcase and revamped and launched a new school wide recycling program which they personally carry out each Wednesday for the entire school. February 2023- Students from several homerooms planted milkweed seeds, stocked a large bee nesting hotel, and built bee motels for the pollinator garden. In addition, the school received National Wildlife certification for offering shelter, food, water, and places to raise their young and healthy practices. Fall 2022 and March 2023- The student council participated in lessons with goHunterdon about anti-idling including conducting an air quality test during parent pick up time. A committee has continued this project and on March 8, 2023 will present to the PTO why idling cars are bad for the environment and our health and make three recommendations of actions three PTO can take to help address the situation including sharing their presentation with other schools' PTOs.

IMAGE: IMG_9925.JPG

IMAGE: IMG_9926.JPG

PDF: SJ COMMUNITY EDUCATION AND OUTREACH.PDF

Enrichment Programs through Partnership

10 Points

School

Program Summary: Our principal received grant money to develop a program for underserved students. From April 8- Memorial Day, 30 students will participate in a STEM club created by two RFIS teachers with the Society of Women Engineers (SWE) from RVCC. This collaboration started over a year ago when one of the advisors read about SWE's club and an assembly they offered for a nearby school. Unfortunately the size of our school made it impossible for the club to service all the students. Determined to make the partnership work, SWE and the teacher pounced at the opportunity when grant money was made available and a smaller group was selected. The STEM club will meet for 7 weeks for 1.5 hours each week and offer a snack, hands-on activities, take home materials and career connections for the students.

PDF: **STEM CLUB MARCH 2024.PDF**

Student and Staff Wellness

Policies to Promote Physical Activity

10 Points

District

Program Summary: In accordance with the District's Comprehensive Health and Physical Education policy, the Health and Physical Education department believes that physical activity is essential for a child's growth and development. We understand the needs and abilities of children vary and support the idea of providing a variety of opportunities for them to succeed in a physical environment. We try to encourage our children to challenge themselves on a personal level, as well as fostering a cooperative environment that promotes team building and unity. Our goals are to encourage our students to enjoy physical activity and to make it an integral part of their daily lives. We also want them to understand the basic principles of engaging in a safe, healthy lifestyle, and to make decisions that promote a lifetime of physical, social and emotional well being. We fulfill students' needs by incorporating large group games, sport-specific skills, the use of a low-rope course, an indoor rock wall and team building challenges. Students participate in outdoor recess (weather permitting) with the use of our blacktop games, large walking track, or field which spans around two large playing fields. We offer both morning and afternoon sports clubs to students who would like to have a more "competitive" environment. Below are links to relevant district policies: 8505 - WELLNESS POLICY/NUTRIENT STANDARDS FOR MEALS AND OTHER FOODS https://www.straussesmay.com/seportal/Public/DistrictPolicy.aspx?policyid=8505&id=ca89f6c80de04b0fa6a75266e9cf8f26 7510 - USE OF SCHOOL FACILITIES https://www.straussesmay.com/seportal/Public/DistrictPolicy.aspx?policyid=7510&id=ca89f6c80de04b0fa6a75266e9cf8f26 of our blacktop games, large walking track, or field which spans around two large playing fields. We offer both morning and afternoon sport clubs to students who would like to have more of a "competitive" environment.

PDF: **2422 HEALTH AND PHYS ED.PDF**

Programs to Promote Physical Activity

10 Points

School

Program Summary: Reading Fleming Intermediate School provides a variety of opportunities for physical activity on a daily basis. Our PE classes take place twice during the six day school cycle. Each class is 64 minutes long. In addition, the students have 20 minutes of outside recess daily. In PE, our classes learn the fundamentals of fitness, cooperation, and sportsmanship. For fitness, our students work to achieve proper push-up form, sit-ups form, jumping jacks, and a variety of other cardiovascular activities. Each PE class, the students also work on their endurance and cardiovascular health while completing run/walk fitness activities. Sometimes these activities are for time and others are to complete a set number of laps. Our PE website provides our students with additional materials/videos to help them practice these skills at home. Throughout the school year, our students are provided with opportunities to be involved in additional activities. Students have the opportunity to participate in morning basketball, soccer club, flag football, pickleball, cheerleading, jedi knight (Kung Fu training) and volleyball. Students can choose to sign-up for as many of these activities as they would like. Teachers have participated with the students in the volleyball and pickleball clubs. Throughout the school year, we also promote a walk-a-thon to raise money for the school and Jump Rope for Heart to raise money for the American Heart Association. Both these activities occur during the school day and all students actively participate. At the end of the school year, the PE department hosts a school wide field day. This day is filled with activities to encourage movement and fun. Finally, our web page has materials for families to look through and learn together. There are links to exercises, nutrition, family friendly recipes and cooking tips, and fun activities such as dancing and yoga. Attached is this summary as well as links to multiple documents showing our active programs.

WORD: READING FLEMING PARENT LETTER.DOCX

PDF: FALL ACTIVITIES 2023.DOCX.PDF

PDF: FRSD COLOR RUN SURVEY.PDF

PDF: RFIS PTO WALK-A-THON FALL 2022 - GOOGLE DOCS (1).PDF

PDF: WINTER ACTIVITIES 2024.DOCX.PDF

PDF: PROGRAMS TO PROMOTE PHYSICAL ACTIVITY .PDF

Waste Reduction & Recycling

Recycling Non-Mandated Materials

5 Points

School

Program Summary: During the 2022-23 and start of the 2023-24 school years the student council led a collection of plastic caps and lids. This effort was part of the repurposing plastic caps and lids ABC Promise Partnership under Green Tree Plastics in Evansville, IN. Here is the link to the organization, https://www.greentreeplastics.com/abc-program/ In the attached non mandated submission, we share how 700 pounds of caps and lids (photo of receipt in the report) were transported in a Uhaul van and driven to Evansville and then 11 benches were brought back for the outdoor classroom and school's walking path. The student council conducted a coin collection fundraiser and use grant funds to transport the caps and purchase more benches so that the van was completely packed! Please see the attached documents for examples of the communication pieces as well as the benches themselves. The benches are now being used daily in the outdoor classroom as well as at recess. What is hard to recognize is the scope of this project. Students

shared this effort with their families and neighbors. We received bags of caps from community members who did not have students in the school because they had heard about the project. Because we still receive caps dropped off at the office, we are collecting caps again for another round of benches for the 2025-26 school year. This effort also goes very nicely with the ongoing efforts of the student council to discourage "one time use" plastics. Although they want the caps and lids, they would rather the collection not come from plastic water bottle caps. Every month they make announcements about using refillable water bottles in and effort to decrease plastic pollution. The student council received a citation from Roy Frieman of the General Assembly congratulating them on their collection effort.

PDF: **BENCH FUNDRAISER.PDF**

PDF: **STUDENT COUNCIL PRESS RELEASES.PDF**

PDF: **PENNY WARS CLASSROOM FLYER (1).PDF**

POWERPOINT: **CAPS TO BENCHES PROJECT!.PPTX**

POWERPOINT: **STUDENT COUNCIL SLIDES.PPTX**

WORD: **PLASTIC CAPS AND LIDS NON-MANDATED_SUBMISSION.DOCX**